



co-creating welfare

1. Top tips

1.1. The best recommendations from our work with teaching in Co-Creation

- Prepare for extra activities in case session does not go as planned
- Keep timing flexible
- Use time to explore the participants needs and wishes
- Focus on the process and the participants, not on the content.
- Establish rules and re-state these (be prepared to collectively adapt, to reach consensus).
- Don't worry about some participant's 'drop off'.
- Keep participants active on their work and stimulate reflexive thinking.
- If it goes wrong, use it as a learning experience.
- Enjoy yourself! 😊
- Refer back to outcomes of previous activities to draw out learning in new activities.
- Make sure you adapt the next session on the basis of participant's feedback.
- Make sure to adapt the first session to the context of the participants.
- Evolve over day and course. Focus on attendees needs.
- Establish a safe space for interaction.
- A safe space / condition has been seen to encourage participant freedom, resulting in engagement, collaboration relationship and a positive experience.





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